

Now that your financial professional has completed your life insurance application with North American's Drop Ticket, powered by *ApplicInt*, here's what you can expect next.

Telephone Interview

You will receive a phone call to answer some questions and complete your application. The interview typically lasts 20 to 30 minutes. Make sure you have the following information on hand:

- ✓ Your **driver's license** is preferred, but you may also use another form of government-issued identification such as a permanent resident card or visa
- ✓ The names, addresses, and telephone numbers of **doctors you have visited in the past five years**
- ✓ The names and dosages of any **prescriptions or over-the-counter medications** you take
- ✓ **Lists of medical conditions** or diagnoses, as well as date of diagnosis, treatments, results of the treatments, and treating physician information
- ✓ **Available dates and times** for your medical exam

Medical Exam

A trained medical examiner will complete a brief, no-cost medical exam. The exam typically takes 20 to 30 minutes. The examiner will:

- Measure your height, weight, blood pressure, and pulse
- Collect blood and urine samples
- If necessary, administer an EKG (electrocardiogram). This is dependent on age and amount of desired insurance.

For a successful exam, we recommend doing the following:

- ✓ Fast 12 hours prior to the exam
- ✓ Avoid exercise, alcohol, tobacco, and caffeine for at least eight hours prior to the exam
- ✓ Get sufficient sleep the night before
- ✓ Notify the examiner of any medications you're currently taking

Questions? Contact your North American financial professional today.